

Soundarya Siddhim Tripuraa Paraambaa – Beauty and success in spiritualism is possible only through Tripur Sundari Sadhana.

Tripur Sundari Sadhana

One who does not try Tripur Sundari Sadhana in his life is really unfortunate, for this Sadhana is like a coruscating jewel.

To progress towards the highest pedestal of success is Sadhana. A Sadhak who follows the path of Sadhanas in his life never feels frustrated. He attains something and gains something through each Sadhana that he performs. To assimilate the power of Sadhana, progress in life and realise light of the soul is activation of Kundalini. In such a state the Sadhak automatically becomes enlightened. Then he has no wishes left in life and it is in Sadhana that he attains true joy.

Main Sadhanas of life

Sadhanas cannot be categorised. Still one can observe that in the North India specially states like Bihar, Bengal, Orissa, Manipur and Assam Sadhanas of the Mother Goddess are most popular. On the other hand although Sadhanas of the Mother Goddess are popular in the South but more popular are Sadhanas of Lord Shiva.

It is not possible to describe the Sadhanas of the Mother Goddess in a few words or a few pages. Every form of the Mother is benevolent and divine. Many Sadhaks get to read about the ten Mahavidyas, the most powerful forms of the Goddess. But very few are the Sadhaks who are able to succeed in these Sadhanas. Among the Sadhanas of Mahavidyas, Tripur Sundari Sadhana is most important. The Goddess bestows courage and many other divine boons. The Sadhana of this Mahavidya can never fail or be fruitless. This form

of the Goddess is so powerful that the Sadhak starts to feel immensely powerful himself while trying the Sadhana. Even the great Rishis and Yogis of the ancient times highly praised this Sadhana. Presented here are views of some great Rishis.

Very fortunate are humans who get the knowledge of Sadhana of Tripur Sundari and try it and succeed in it.

– **Maharishi Vashisth**

Very unfortunate are those who waste their time in small rituals without trying Tripur Sundari Sadhana. Such a great Sadhana can not be obtained without good fortune.

– **Maharishi Vishwamitra**

Very fortunate are those Sadhaks who are able to gain fame, wealth, respect and position through Tripur Sundari Sadhana.

– **Yogiraj Vigyanand**

My life could never have been total and successful if I had not tried Tripur Sundari Sadhana through the Tantra method.

– **Guru Gorakhnath**

Essence of all my spiritual achievements is that among all Sadhanas Tripur Sundari Sadhana is most divine, unique and amazing.

– **Shankaracharya**

These are the views of but some Yogis and Gurus. In fact Tripur Sundari Sadhana is a very special ritual that bestows upon a Sadhak fortune,

hypnotic power and attractive personality. This Sadhana destroys all problems, ailments and obstacles. It can bring totality in life of a Sadhak.

Time for Sadhana

If the Sadhana is tried according to the rules prescribed for it then the Goddess is easily pleased. A Sadhak can try it whenever he feels like. Still there are some very auspicious moments in which this Sadhana can prove to be really fruitful. Sadhana should be tried in *Sarvaarth Siddhi Yog*, *Pushya* asterism, *Dwipushkar Yog*, **birthday of Sadgurudev** or any **Friday**.

Goddess Mother Tripur Sundari has several names that tell about her various powers. These divine names are as follows –

Braahmi, Maaheshwari, Koumari, Veishnavi, Vaaraahi, Indraanni, Chaamunda, Mahalakshmi, Sarvasiddhiprada Devi, Sarvasampatprada Devi, Sarvapriyankari Devi, Sarvamangal kaarinni Devi, Sarvakaamprada Devi, Sarva Dukh Vimochini Devi, Sarvaang Sundari Devi,, Sarva Mrityuvinaashini Devi, Sarvavighna Nivaarinni Devi, Sarvasoubhaagya Daayini Devi.

When divine names of the Goddess tell so much about her then to describe her divinity would be like lighting a lamp in sunlight. Any person whether a man or a woman can try this Sadhana. A couple can also try this Sadhana together.

Sadhana Articles

Very special Sadhana articles are required in this Sadhana. The Sadhak should procure these before he starts the Sadhana.

1. *Adwitya Sarva Kaamna Siddhi Yukt Tripur Sundari Yantra* – It must be Mantra energised and consecrated.

2. *Swarnnavati Gutika* – It is capable of bestowing wealth and prosperity.

3. *Mrityunjayi Shiva Rudraksh* – It is energised with Mantras capable of averting untimely death and bestowing longevity.

4. *Navdurgaayukt Tribhuvan Mohini rosary* – To be used for chanting the Mantra and wearing around the neck.

Other articles – Sadhana mat, copper

tumbler filled with water, vermilion, rice grains, saffron, flowers, garland, milk, curd, coconut, holy red thread (*Mouli*), incense, ghee lamp, sweet made from milk.

Sadhana procedure

Have a bath and wear white clothes. Sit facing East. Take water in right palm and sprinkle it over you body. Sprinkle a few drops in each direction and on the Sadhana mat. Next light incense and a ghee lamp. With water in right palm pledge thus – *I (speak your name) am trying this Sadhana for fulfilment of all wishes. O Divine Goddess! Please bestow success upon me.*

Place a betel nut in a copper plate representing Lord Ganpati. Make a mark of saffron on it. Light incense and pray to the Lord. Next offer prayers to Guru. Seek permission of the Guru for trying the Sadhana and his blessings for success.

In a steel plate place the Tripur Sundari Yantra. On one side of the Yantra place Swarnnaavati Gutika and on the other place Mrityunjaya Shiva Rudraksh. Chanting following Mantra offer prayers to Goddess Tripur Sundari.

Baalaarkyut-tejasam Trinayanaam Raktaambaro-llaasini Naanaalankriti-raajmaanavpusham Baaloduraat-shekharaam. Harateirikshudhanuh Srinim Sumasharam Paasham Mudraa Vibhrateem. Shree Chakrasthit-sundareem Trijagataamaadhaarbhootaam Smaret.

Thereafter take rice grains in the right palm. Smear them with vermilion and offer them on all articles. Also offer Mouli, vermilion, flowers and sweet on the Yantra, Gutika and Rudraksh. These three represent *Mahakali, Mahasaraswati* and *Mahalakshmi* i.e. power, knowledge and wealth. This is why this Sadhana has three stages.

This Sadhana is done for three days. On first day first stage is accomplished. On the second the second stage and on the third the third stage.

First Stage

Offer flowers on the Yantra. Place a flower each in every direction and chant thus.

Om Braahmi Shreepaadkaabhyo Namah Om Maaheshwaree Shreepaadukaabhyo

*Namah. Om Koumaari Shreepadukaabhyo
Namah. Om Veishnavi Shreepadkaabhyo
Namah. Om Vaaraahi Shreepadukaabhyo
Namah. Om Indraanni Shreepadukaabhyo
Namah. Om Chaamundaa Shreepadkaabhyo
Namah Om Mahaalakshmee
Shreepadukaabhyo Namah.*

After worshipping various forms of Goddess chant 11 rounds of this Mantra with a Tribhuvan Mohini rosary.

*Om Ayeim Kleem Hroum Shreem Tripur
Sundaryei Namah.*

After chanting this Mantra let the articles remain in the worship place. In evening of the second day accomplish the second stage.

Second Stage

Bathe all articles with fresh water and worship articles as done on first day. Then chanting the following Mantras pray to the Goddess.

*Om Hreem Shreem Tripur Sundari
Sarva-siddhipradaa-devi Namah.*

*Om Hreem Shreem Tripur Sundari
Sarva-sampradaa-devi Namah.*

*Om Hreem Shreem Tripur Sundari
Sarva-priyankari-devi Namah.*

*Om Hreem Shreem Tripur Sundari
Sarva-mangal-kaarinni-devi Namah.*

*Om Hreem Shreem Tripur Sundari
Sarva-dukh-vimochini-devi Namah.*

*Om Hreem Shreem Tripur Sundari
Sarvaang-sundari-devi Namah.*

*Om Hreem Shreem Tripur Sundari
Sarva-mrityu-vinaashini-devi Namah.*

*Om Hreem Shreem Tripur Sundari
Sarvavighna-nivaarinni-devi Namah.*

*Om Hreem Shreem Tripur Sundari
Sarva-soubhaagya-daayini-devi Namah.*

After this chant 11 rounds of this Mantra.

*Om Ayeim Hreem Shreem Sarva-
kaamyasiddhi Tripur Sundaryei Phat.*

After this sing *Guru Aarti* and the next day try the third stage.

Third Stage

Greatness and power of the Goddess is infinite. If She is pleased She bestows all boons

on the Sadhak. On third day Sadhak might feel a surge of divine energy within. He should start the Sadhana with a happy mind. He should first bathe all the Sadhana articles with fresh water. Worship them and then chant the following Mantras.

*Om Hreem Shreem Tripur Sundari
Sarva Agyaadevi Namah.*

*Om Hreem Shreem Tripur Sundari
Sarva Shaktimayidevi Namah.*

*Om Hreem Shreem Tripur Sundari
Sarva-gyaanmayi-devi Namah.*

*Om Hreem Shreem Tripur Sundari
Sarva-vyaadhi-vinaashini-devi Namah.*

*Om Hreem Shreem Tripur Sundari
Sarva-dhaarswaroopaa-devi Namah.*

*Om Hreem Shreem Tripur Sundari
Sarva-paapharaa-devi Namah.*

*Om Hreem Shreem Tripur Sundari
Sarva-aanandmayi-devi Namah.*

*Om Hreem Shreem Tripur Sundari
Sarva-rakshaaswaroopinni-devi Namah.*

*Om Hreem Shreem Tripur Sundari
Sarvepsit-falpradaa-devi Namah.*

After this, for accomplishment of all tasks and for true joy, chant 11 rounds of this Mantra.

*Om Bhagwati Tripur Sundari Sarva
Kaarya Siddhi Dehi Dehi Kaameshwaryei
Namah*

Then sing *Durga Aarti* and *Guru Aarti*. Thus Sadhana is accomplished and one gains wealth, righteousness and spiritual progress. Also one is able to attain success in other Sadhanas.

After Sadhana tie all articles in a cloth and keep it safe. After 21 days try the Sadhana again for better success. Thereafter drop Sadhana articles in a pond, river or well. But keep rosary and wear it occasionally. Whenever you try some Sadhana do chant one round of the above Mantra.

Sadhana articles for this Sadhana shall be sent free of cost to those who make two annual subscription members from among their friends and help expand the Siddhashram Sadhak Parivar. For this fill and send card No. 6.

