

*Shatru Baadhaa Vinaashaay Pratyangiraa Samaacharet:* For riddance from enmities one should surely try Pratyangira Sadhana.

**For riddance from enmities and gain of  
hypnotic power try**

# Pratyangira Sadhana

*Among the various forms of Goddess Mother Durga, Pratyangira has special significance. According to the text **Shakti Mimansa** every Sadhak should surely try this Sadhana in his or her life time in order to get rid of enmities, problems from the state side, all types of fears and to attract others with one's hypnotic powers.*

*Greatest speciality of this Sadhana is that it bestows on the Sadhak the power of hypnotism to be used only for positive purposes. There is hardly any mention of this Sadhana in other texts chiefly because its procedure is secretly guarded lest it falls in wrong hands. Wish with which Sadhana is tried especially in relation to riddance from enmities is surely fulfilled soon.*

In the present age every person has some trouble or other from enemies, from state side and adversaries. This leads to obstacles in one's progress. This is why he is not able to make as fast progress as he should. He finds that in each task there appears some problem or the other.

It is accepted in the texts related to Tantra that Pratyangira Sadhana is very fast acting in the present age of *Kaliyug*. Many times a Sadhak is able to get the desired result even before the completion of the Sadhana. It is said in the text *Shakti Mimansa* that the Sadhak who tries Pratyangira Sadhana even once with full devotion and concentration is never daunted even by the strongest of enemies. The plans and plots of obvious and hidden enemies fail and he gets the desired cooperation from the state. Whatever task

the Sadhak then takes up is accomplished without any problem. He gains a very attractive personality. But the text also states that the Sadhana should be tried with full concentration and devotion. Once the Sadhana is started Sadhak should regularly chant the Mantra without fail for stipulated period.

It has been my experience that if the Sadhak is facing any problem, obstacle, hitches in cooperation from the government, failure in tasks or if one is not able to succeed in spite of one's best efforts then this Sadhana can work wonders and bring about the desired result very quickly. In fact whenever I have faced problems in life I have resorted to the Pratyangira Sadhana and without fail each time I have gained favourable results. I have overcome problems from state side and enemies with ease through this Sadhana.





### Time for Sadhana

This Sadhana of the most powerful of all forms of Goddess Durga can be tried on any auspicious day. Eighth day of any fortnight of the lunar month is also a good day. This Sadhana should be tried during *Pushya Nakshatra*.

### Sadhana Material

According to texts place of Sadhana should be washed with water of the Ganges or pure water. Then a wooden seat should be placed and it should be covered with a red cloth. In the centre make a mound of rice grains dyed red. On it place an oil (mustard oil) lamp with eight wicks. Eight wicks signify the eight forms of Goddess Durga. One should chant Mantra concentrating on this lamp.

The lamp should be in centre of the seat. On four corners of the seat make four mounds with rice grains and on each place a betel nut. These represent *Mahaveers* (very powerful and protective divine beings). They help in successful

completion of one's task. On right side of lamp place a betel nut representing *Lord Ganesh* and on left place another betel nut representing *Shetrapaal*. These too should be placed on mounds of rice.

Then before the lamp place the *Pratyangira Yantra* in a plate. Keep ready a copper tumbler filled with water, saffron, vermilion, rice grains, coconut, flowers, fruit, sweets, yellow mustard seeds and black sesame seeds. Use only mustard oil in the lamp.

### Sadhana Procedure

Have a bath and wear clean clothes. Sit facing North. Then mix vermilion and saffron and make a mark on the lamp chanting thus

*Om Namo Bhagwati Pratyangiraa Deep Jyoti Trikonn Sansthe Akhand Jyoti, Akhand Trishatkoti Devataa Maalini Nirmal Ardh Raatri Nigamastute Jwaalaa Maalini Deep Jyoti Sarva Kaarya Siddhim Kuru Kuru Namah.*

After this perform *Karanyaas* and *Angnyaas* chanting thus. For *Karanyaas* chant thus each time joining the fingers indicated.

*Om Ayeim Shreem Hreem Angushthaaabhyaam Namah* (both thumbs)

*Om Ayeim Shreem Hreem Tarjaneebhyaam Namah* (both forefingers)

*Om Ayeim Shreem Hreem Madhyamaabhyaam Namah* (both middle fingers)

*Om Ayeim Shreem Hreem Anaamikaabhyaam Namah* (both ring fingers)

*Om Ayeim Shreem Hreem Kanishthikaabhyaam Namah* (both small fingers)

*Om Ayeim Shreem Hreem Kartal Kar Prishtthaabhyaam Namah* (back side of both palms)

For *Angnyaas* chant thus, each time touching the body part indicated.

*Om Ayeim Shreem Hreem Hridyaay*



*Namah* (heart)

*Om Ayeim Shreem Hreem  
Shirase Swaahaa* (head)

*Om Ayeim Shreem Hreem  
Shikhaayei Vashat* (crown of head)

*Om Ayeim Shreem Hreem  
Netratrayaay Voushat* (both eyes)

*Om Ayeim Shreem Hreem  
Astraay Phat* (move your right hand around  
your head snapping the fingers)

Take 21 rose petals and offer one  
at a time, having smeared them with ver-  
milion, on Yantra each time chanting thus.

*Om Namō Pratyangiraa  
Sarvakaamanaa Siddhim Hraam Hreem  
Namah.*

Thereafter place picture of the Guru  
and offer prayers to the Guru. Concentrating  
your mind on holy feet of the Guru pray to  
him for success in Sadhana.

Then concentrate your gaze on  
flame of lamp and contemplate the form of  
Goddess Pratyangira in it. Chant following  
Mantra concentrating thus. Do not let your  
mind wander and chant with full faith.

**Dhyaan**

*Om Hreem Hroom Hrah Hreem  
Pratyangiraayei Namah Krishna  
Vaasase Sahastralaksh Koti  
Singhvaasane Prem Sahastravadane  
Mahaabale Ashtaadashbhujeh Hrah Aparajite  
Hrem Paraseinya Karma-vindhvaasini Hansah  
Par-Mantrochhedanah Sarva-shatru-  
uchchaatini Sarva Bhootdamini Tthah Tthah  
Sarvadevaan Bandh Bandh Hoom Phat  
Sarvavighnaani Chhindi Chhindi  
Sarvaanarthaan Nikrinti Nikrintiya  
Sarvadushtaan Bhakshah Bhakshah Prem  
Jwaalaa Jihave Hroum Karaal-vaktre Hansah  
Parayantraanni Sfootayah Sarvashrikhalaam  
Trotaya Trotaya Asurmudraam Draavay  
Draavay Um Roudramoortiyeh Hreem  
Pratyangire Mahaavidyaam Mam Mantraarth  
Kuru Kuru Namostute Hrah Hroom Hreem Om  
Namah.*



Many times during the chanting of this very  
powerful Mantra a Sadhak might feel a surge of  
energy through the spine and a throbbing in the  
head as if the blood pressure has suddenly gone  
up. The Sadhak should not panic if this happens.  
This special Mantra should be chanted 11 times  
or 21 times or 51 times. During the course of the  
Mantra chanting one would feel as if a new en-  
ergy has risen in the body. Once this Sadhana has  
been successfully completed one can use the newly  
gained hypnotic power on anybody but only to  
bring about some positive change in that person.

After successful accomplishment of this  
Sadhana one becomes free from enmities. If the  
problem is very grave then one should light a holy  
fire and make oblations with yellow mustard seeds  
in it chanting the *Pratyangira Kavach* given in



the end. After each verse one oblation should be made. After each verse one should speak out *Shatru Shayam Kuru* facing away from the fire. The Kavach has eight verses and thus eight oblations are made. Thus sure enough one becomes free of trouble from enemies.

If one is troubled by spirits or ghosts then take water in copper tumbler and chanting the Kavach once, sprinkle it over the afflicted person. This shall cure the individual.

If you wish to influence some person or win favours from somebody then take water in your palm and contemplating on the image of that person in the mind chant the following Mantra eleven times. While chanting the Mantra speak out name of the person in place of *Mam*.

*Ayeim Kleem Hansouh Pratyangiraa  
Mam Vashyam Kuru Kuru Hreem Sarvoushat  
Swaahaa.*

After this make 11 oblations in holy fire with black sesame seeds chanting the same Mantra.

If success is not attained in the first attempt try again and yet once again. For complete success in the Sadhana chant one round of the following Mantra regularly with a *black Hakeek rosary*.

*Om Hreem Shreem Hasfreim Hansah  
Pratyangiro Namah*

Do not use this rosary in any other Sadhana. All great spiritual texts have highly praised the Pratyangira Kavach which is a very powerful hymn of the Goddess. Chanting the Kavach of the Goddess daily makes one mentally peaceful and one gains an attractive personality capable of enchanting others. Also one is freed of all fears. Besides one always feels a flow of divine energy within. The famous Pratyangira Kavach which appears only in ancient texts and which has been obtained from revered Sadgurudev is as follows.

**Treilokya Vijaya Pratyangira Kavach**

*Jaya-dhoomra-bhimaakaaraa Sahastra-  
vadanaashritaa. Jalpingal Lolaaksheetjwaalaa  
Jihwaa Cha Nityashah.1.*

*Nishtthuraan Bandhayedadevi  
Tatshannam Naagpaashakeih. Bhrikuti*

*Bheeshannaan Vaasyaat Dhatte Paad  
Praahratah.2.*

*Vaameri Mardano Dando Dakshinno  
Vajra Bheeshanno. Pret Shir Karorudra  
Dhyaanodaamar Maarakam.3.*

*Anant Takshako Devyaa Kankannam  
Cha Viraajate. Vaasuki Kantth-haarashcha  
Karkaati Katimekhalaa.4.*

*Shlishto Padma Mahaapadmoum  
Paadhyo Krit Nupurou. Roondmaal Kare  
Bhooshaa Gounnashah Karnnamandale.5.*

*Grihaa Bhetrapate-ghritvaa Jaataan  
Daanav Ghaatini. Swayam Seinyaa-bhayadaa-  
devi Parseinya Bhayankari.6.*

*No Yaksheih Rakhilein-raakshas-gannei  
No Shaakini Shadayei. No Vaa Chetak  
Khetakeirnav Mahaabhootei Prabhooteirapi.7.*

*Naapi Vyantar Mudgare Palaganneirno  
Mantrayantrei Parei. Devitvam  
Charannaachataam Paribhavah Pratyangire  
Shakyate.8.*

If a Sadhak completes the *Purashcharan* of this Kavach i.e. chants it 1000 times then the goddess is pleased and fulfils his wish. After *Purashcharan* write the Kavach on a *Bhoj Patra* (papyrus) or a paper and put it in an amulet. Tie the amulet on the right arm or around the neck. This sure helps one fulfil one's wishes.

***Na Tvaham Kaamyee Raajyam***

I do not wish for pleasures or kingdoms. I do not wish for comforts or fame or prosperity. There is no wish or desire in my heart and hence I never ask anything from anyone. I just have one wish that may my life, my body, each moment of my existence be devoted to the good and welfare of mankind and when I have accomplished my task one earth may I return to the divine land of Siddhashram for accomplishment of still higher Sadhanas.

— *Sadgurudev*